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Rumi's Little Book of Love and Laughter Coleman Barks

2016-10-01 Rowdy, ecstatic, and sometimes stern, these teaching stories and fables reveal new and very human properties in Rumi's vision. Included here are the notorious "Latin parts" that Reynold Nicholson felt were too unseemly to appear in English in his 1920s translation. For Rumi, anything that human beings do—however compulsive—affords a glimpse into the inner life. Here are more than 40 fables or teaching stories that deal with love, laughter, death, betrayal, and the soul. The stories are exuberant, earthy, and bursting with vitality—much like a painting by Hieronymus Bosch or Chaucer's Canterbury Tales. The characters are guilty, lecherous, tricky, ribald, and finally possessors of opened souls. Barks writes: "These teaching stories are a kind of scrimshaw—intricately carved, busy figures, confused and threatening, and weirdly funny. This is an entertaining collection from one of the greatest spiritual poets of all time, rendered by his most popular translator. "The minute I heard my first love story, I started looking for you, not knowing how blind that was. Lovers don't finally meet somewhere. They're in each other all along."--Rumi

Mouthful of Forever Clementine von Radics 2015-04-07

Clementine von Radics writes of love, loss, and the uncertainties and beauties of life with a ravishing poetic voice and piercing bravura that speak directly not only to the sensibility of her generation, but to anyone who has ever been young.

The Captured Gazelle 2013-06-15 Every moment it seeks to slip from the mind's nook Fresh poetic meaning is a gazelle to be captured The Captured Gazelle is an elegant and lucent translation of the poems of the seventeenth-century Persian poet Mulla Tahir Ghani, better known as Ghani Kashmiri. Eulogized by poets such as Mir and Iqbal, Ghani is an outstanding representative of sabk-e-Hindi or the 'Indian style' in Persian poetry, which became a hallmark of the Mughal-Safavid literary culture. The introduction situates Ghani against his unique background in which Iranian and Indian poetic cultures came together to create a glorious literary age in Kashmir, while the translations capture Ghani in his wide spectrum of moods—satirical, playful, self-pitying, pessimistic, mystically resigned—bringing alive his wit and ingenuity in a modern idiom without losing hold on the tone.

The Properties of Perpetual Light Julian Aguon 2021-03-29 Part memoir, part manifesto, *The Properties of Perpetual Light* is a collection of soulful ruminations about love, loss, struggle, resilience, and power--a coming-of-age story and a call for justice.

The Forty Rules of Love Elif Shafak 2011-06-02 *The international bestseller* "Every true love and friendship is a story of unexpected transformation. If we are the same person before and after we loved, that means we haven't loved enough..." Ella Rubinstein has a husband, three teenage children, and a pleasant home. Everything that should make her confident and fulfilled. Yet there is an emptiness at the heart of Ella's life - an emptiness once filled by love. So when Ella reads a manuscript about the thirteenth-century Sufi poet Rumi and Shams of Tabriz, and his forty rules of life and love, her world is turned upside down. She embarks on a journey to meet the mysterious author of this work. It is a quest infused with Sufi mysticism and verse, taking Ella and us into an exotic world where faith and love are heartbreakingly explored. . . 'Enlightening, enthralling. An affecting paean to faith and love' Metro 'Colourfully woven and beguilingly intelligent' Daily Telegraph 'The past and present fit together beautifully in a passionate defence of passion itself' The Times

Me & Rumi Shams-i Tabrīzī 2004 Rumi has become one of the best-selling poets in North America. Practically every biography highlights his encounter with Shams-i Tabrizi, the wandering mystic who became his beloved companion. Rumi had been a sober scholar, teaching law and theology to a small circle of students, but Shams turned him into a devotee of music, dance, and poetry. Then, after three years, he vanished, never to be seen again. It was Rumi's longing for the lost Shams that made him one of the world's greatest poets, celebrating him as the embodiment of the divine beloved. This book makes available for the first time in any European language first-hand accounts of Shams that have never been studied by Western scholars. When Rumi and Shams talked, members of the circle took notes, which were preserved and sometimes copied by later generations, ending up in various libraries scattered around Turkey; this book arranges them in a manner that clarifies their meaning and context, with notes and a glossary.--From publisher description.

Dopehri Pankaj Kapur 2019-11-10 Amma Bi is an elderly widow who lives alone in her deserted Lucknow haveli. Every afternoon, at precisely 3 o'clock, she hears the sound of unknown footsteps. Every afternoon, she peeks out ... but no one is there. In a state of growing panic, Amma Bi considers moving to an old people's home, before finally taking in a lodger -- a winsome young woman named Sabiha. Her arrival fills Amma Bi's lonely world with love and laughter, and Jumman, the household help, is transformed as well. When Sabiha finds herself in trouble, Amma Bi must draw on hidden reserves of skill and empathy in order to resolve the situation... Dopehri -- legendary film and theatre personality Pankaj Kapur's first novel -- is a wonderfully evocative work of great charm, wry humour and quiet power, a story that readers will fall in love with.

STRANGE AND MYSTERIOUS PLACES Muthanna Arthy Singh 2019-11-05 Have you heard of a lake where you can find hundreds of skeletons floating on the clear, blue waters? Would you believe it if we told you that there's a gate that drips blood? Have you ever seen a tree as big as an entire forest... or a palace that has no pillars? How about a monastery that looks like a giant honeycomb from a distance?

Whoever Brought Me Here Will Have to Take Me Home Jalāl al-Dīn Rūmī (Maulana) 1998

The 5AM Club Robin Sharma 2018-12-04 Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness. Through an enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, The 5am Club will walk you through: How great geniuses, business titans and the world's wisest people start their mornings to produce astonishing achievements A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day A step-by-step method to protect the quietest hours of daybreak so you have time for exercise, self-renewal and personal growth A neuroscience-based practice proven to help make it easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed "Insider-only" tactics to

defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world Part manifesto for mastery, part playbook for genius-grade productivity and part companion for a life lived beautifully, *The 5am Club* is a work that will transform your life. Forever.

Ravishing DisUnities Agha Shahid Ali 2000-11-03 A collection of ghazals, a traditional Arabic form of poetry, by over one hundred poets including William Matthews, Diane Ackerman, and Paul Muldoon.

Lifting the Veil Ismat Chughtai 2018-02-01 'Gloriously provocative... female sexuality within a patriarchal world is Chughtai's central concern' Kamila Shamsie, from the introduction *Lifting the Veil* is a bold and irreverent collection of writing from India's most controversial feminist writer. These stories celebrate life in all its complexities: from a woman who refuses marriage to a man she loves to preserve her freedom, to a Hindu and a Muslim teenager pulled apart by societal pressures, to eye-opening personal accounts of the charges of obscenity the author faced in court for stories found in this book. Wickedly funny and unflinchingly honest, *Lifting the Veil* explores the power of female sexuality while slyly mocking the subtle tyrannies of middle-class life. In 1940s India, an unlikely setting for female rebellion, Ismat Chughtai was a rare and radical storyteller born years ahead of her time. 'Ismat Chughtai is known for her iconoclastic, feminist writings which explored the inner workings of women's lives' Huffington Post

Rooh-e-Rumi Mamta Sehgal 2019-07-15 Life itself is an ironical battle of sorts, where we strive hard to control and win the world but often fail to control our own lives. Most of us praise spirituality but fail to follow it and recognize its potential in the true sense; the reason—we chase false goals but never attempt to chase the true light that rests within. The author, a believer of God, shares her spiritual realizations led by her own experiences of life, and interprets them in two themes - "God" and "Love". The author's prescription to win the story of life in three distinct ways: • Through self-realization, • Embracing love, which is the language of the universe, and • Surrendering to the Supreme Power. *Rooh-e-Rumi* presents many thought-provoking selections of Rumi, the famous thirteenth-century Persian poet. The quotes and their commendable spiritual interpretations attempted by the author will guide the readers to discover their own link to the experience of love and the unhindered path to spiritual enlightenment. "In this soul-stirring, deep and insightful book, Mamta Sehgal beautifully expounds Rumi's thoughts on divine love. A must read for Rumi's followers and all those who believe that God is love." - Oswald Pereira, veteran journalist and best-selling author of eight books "Mamta Sehgal proves again her deep insight in the subject of spirituality. This book is a crucial pivot on the way we understand devotion". - Santosh Srivastava, Co-Author, *The Gita Way*

The Triumphal Sun Annemarie Schimmel 1993-01-01 This is a book on Rumi's life, his poetry, his thought, and his influence. Rumi's work forms one of the pillars of the Sufi orders, particularly the Mevlevi order, better known in the West as the Whirling Dervishes. In this book Rumi emerges not only as a spiritual master, but also as a fully human being grounded firmly in the Koran and in classical Islamic mysticism. The light of the Divine Sun, in its Beauty and Majesty, manifested itself for Rumi through the person of Shams of Tabriz. Transformed by this light, consumed by this fire, Mowlana Rumi saw the world in a new light. Everywhere he perceived God's Grandeur and his Grace. The book also discusses the theological premises upon which Rumi's work rests, his attitude to the problems of free will and predestination, and his analysis of the mystical stages and stations. The book not only gives a very rich analysis of Rumi's language and poetical art, but also a picture of medieval Konya, whose features the mystical poet transforms and transfigures.

The Masnavi, Book One Jalal al-Din Rumi 2004-11-11 'The pen would smoothly write the things it knew But when it came to love it split in two, A donkey stuck in mud is logic's fate - Love's nature only love can demonstrate.' Rumi's *Masnavi* is widely recognized as the greatest Sufi poem ever written, and has been called 'the Koran in Persian'. The thirteenth-century Muslim mystic Rumi composed his work for the benefit of his disciples in the Sufi

order named after him, better known as the whirling dervishes. In order to convey his message of divine love and unity he threaded together entertaining stories and penetrating homilies. Drawing from folk tales as well as sacred history, Rumi's poem is often funny as well as spiritually profound. Jawid Mojaddedi's sparkling new verse translation of Book One is consistent with the aims of the original work in presenting Rumi's most mature mystical teachings in simple and attractive rhyming couplets. ABOUT THE SERIES: For over 100 years Oxford World's Classics has made available the widest range of literature from around the globe. Each affordable volume reflects Oxford's commitment to scholarship, providing the most accurate text plus a wealth of other valuable features, including expert introductions by leading authorities, helpful notes to clarify the text, up-to-date bibliographies for further study, and much more.

The Book of Rumi Rumi 2018-11-01 Philip Pullman, author of 'His Dark Materials' trilogy, has remarked that "after nourishment, shelter, and companionship, stories are the thing we need most in the world." This new collection of Rumi stories fills that need. This fresh prose translation of 105 short teaching stories by Rumi, which form the core of the six-volume *Masnavi*, explores the hidden spiritual aspects of everyday experience. Rumi transforms the seemingly mundane events of daily life into profound Sufi teaching moments. These prose gems open the mystical portal to the world of the ancient mystic. These stories include well-known and popular tales such as "Angel of Death," "The Sufi and His Cheating Wife," "Moses and the Shepherd," "Chickpeas," and "The Greek and Chinese Painters" as well as the less commonly quoted parables: "The Basket Weaver," "The Mud Eater," and "A Sackful of Pebbles." Rumi's voice alternates between playful and authoritative, whether he is telling stories of ordinary lives or inviting the discerning reader to higher levels of introspection and attainment of transcendent values. Mafi's translations delicately reflect the nuances of Rumi's poetry while retaining the positive tone of all of Rumi's writings, as well as the sense of suspense and drama that mark the essence of the *Masnavi*.

The Rumi Collection Jelaluddin Rumi 2005-06-21 Rumi's poems are beloved for their touching perceptions of humanity and the Divine. Here is a rich introduction to the work of the great mystical poet, featuring leading literary translations of his verse. Translators include Coleman Barks, Robert Bly, Andrew Harvey, Kabir Helminski, Camille Helminski, Daniel Liebert, and Peter Lamborn Wilson. To display the major themes of Rumi's work, each of the eighteen chapters in this anthology are arranged topically, such as "The Inner Work," "The Ego Animal," "Passion for God," "Praise," and "Purity." Also contained here is a biography of Rumi by Andrew Harvey, as well as an introductory essay by Kabir Helminski on the art of translating Rumi's work into English.

40 Sufi Comics Mohammed Ali Vakil 2019-11-15 Sufi Comics are short illustrations from Islamic traditions. It aims to simplify spiritual wisdom to help the reader to: * Inspire the soul with timeless quotes & stories * Find inner peace despite life's challenges * Apply practical advice to be happy & content Alongside each comic are relevant verses from the Holy Qur'an. Sufi Comics makes the learning of spiritual teachings easy, fun & practical so that you can apply them to your life and share the wisdom with your family and friends.

Everyday Ayurveda Bhaswati Bhattacharya 2015-09-10 Time is scarce and precious in today's world and we seek solutions that are quick. While allopathic medicine tends to focus on the management of disease, the ancient study of Ayurveda provides us with holistic knowledge for preventing disease and eliminating its root cause. Dr Bhaswati Bhattacharya takes you through a day in the life of Ayurvedic living.

The Art of Winning Jeffrey Rachmat 2021-08-19 That this book will broaden your way of thinking, and at the same time, encourage you to play this game of life with creativity, fairness and your God-given abilities that are planted within you. When played well, you will receive admiration from many people, and create within them also a hunger to glorify our Heavenly Father.

The Truth about Spiritual Enlightenment Shanmugam P 2017-11-22 Spiritual enlightenment is becoming a buzzword. Enlightenment is a popular niche for people who write or read

about self-help, meditation, healing, psychology and more. But do you really understand what enlightenment is? Is it some kind of altered state of consciousness, a solution to get high without drugs, a way to live life in 24/7 bliss, a myth or a complete scam? Is there any scientific basis to enlightenment or spiritual awakenings? This book has the answer for these questions. This book attempts to bridge spiritual teachings of Vedanta and Buddhism with science. It gives you a practical and reasonable path to end your suffering and live a peaceful, satisfied and happy life. Above all, it will help you to find your own way and follow your own light. The book will also introduce you to some important concepts in psychology, which are related to spiritual awakening. The concepts and solution presented in this book are based on the author's own experience. It also has a chapter that narrates author's own spiritual journey which led to a complete spiritual transformation. The book also has a separate chapter which talks about scientific research done on spiritual enlightenment.

The Laws of the Spirit World Khorshed Bhavnagri 2009-01-01
WITH A BRAND NEW LOOK! ON FEBRUARY 22, 1980,
KHORSHED AND RUMI BHAVNAGRI'S WORLD WAS
SHATTERED. ONE MONTH LATER, A NEW ONE OPENED.

Khorshed and Rumi Bhavnagri lost their sons, Vispi and Rato, in a tragic car crash. With both their sons gone, the couple felt they would not survive for long. They had lost all faith in God until a miraculous message from the Spirit World gave them hope and sent them on an incredible journey.

Iqbal's Poetry Sir Muhammad Iqbal 1995

Al-Mutanabbi Street Starts Here Beau Beausoleil 2012-08-20
On March 5th, 2007, a car bomb was exploded on al-Mutanabbi Street in Baghdad. More than thirty people were killed and more than one hundred were wounded. This locale is the historic center of Baghdad bookselling, a winding street filled with bookstores and outdoor book stalls. Named after the famed 10th century classical Arab poet al-Mutanabbi, it has been the heart and soul of the Baghdad literary and intellectual community. This anthology begins with a historical introduction to al-Mutanabbi Street and includes the writing of Iraqis as well as a wide swath of international poets and writers who were outraged by this attack. This book seeks to show where al-Mutanabbi Street starts in all of us: personally, in our communities, and in our nations. It seeks to show the commonality between this small street in Baghdad and our own cultural centers, and why this attack was an attack on us all. This anthology sees al-Mutanabbi Street as a place for the free exchange of ideas; a place that has long offered its sanctuary to the complete spectrum of Iraqi voices. This is where the roots of democracy (in the best sense of that word) took hold many hundreds of years ago. This anthology looks toward al-Mutanabbi Street as an affirmation of all that we hope for in a more just society. Contributors include: Beau Beausoleil, Musa al-Musawi, Anthony Shadid, Mousa al-Naseri, Naomi Shihab Nye, Deena Metzger, Sam Hamod, Lutfiya Al-Dulaimi, Zaid Shlah, Persis Karim, Ayub Nuri, Marian Haddad, Sarah Browning, Eileen Grace O'Malley Callahan, Roger Sederat, Elline Lipkin, Esther Kamkar, Robert Perry, Gloria Collins, Brian Turner, Gloria Frym, Owen Hill, Abd al-Rahim, Salih al-Rahim, Yassin "The Narcicyst" Alsalman, Jose Luis Gutierrez, Sargon Boulus, Peter Money, Sinan Antoon, Muhammad al-Hamrani, Livia Soto, Janet Sternburg, Sam Hamill, Salah Al-Hamdani, Gail Sher, Dunya Mikhail, Irada Al Jabbouri, Dilara Cirit, Niamh MacFionnlaioich, Erica Goss, Daisy Zamora, George Evans, Steve Dickison, Maysoon Pachachi, Summer Brenner, Jen Hofer, Rijin Sahakian, Badr Shakir al-Sayyab, Jane Hirshfield, Jack Marshall, Susan Moon, Diana di Prima, Evelyn So, Nahrain Al-Mousawi, Ko Un, Joe Lamb, Katrina Rodabaugh, Mohammed Hayawi, Nazik Al-Malaika, Raya Asee, Gazar Hantoosh, Mark Abley, Majid Naficy, Lewis Buzbee, Ibn al-Utri, Thomas Christensen, Amy Gerstler, Genny Lim, Saadi Youssef, Judith Lyn Suttton, Josh Kun, Dana Teen Lomax, Etel Adnan, Bushra Al-Bustani, Marilyn Hacker, Richard Harrison, Fady Joudah, Philip Metres, Hayan Charara, Annie Finch, Kazim Ali, Deema K. Shehabi, Kenneth Wong, Elmaz Abinader, Habib Tengour, Khaled Mattawa, Rachida Madani, Amina Said, Alise Alousi, Sita Carboni, Fran Bourassa, Jabez W. Churchill, Daniela Elza, Linda Norton, Fred Norman, Bonnie Nish, Janet Rodney, Adrienne Rich, Cornelius Eady, Julie Bruck,

Kwame Dawes, Ralph Angel, B.H. Fairchild, Terese Svoboda, Mahmoud Darwish, Amir el-Chidiac, Aram Saroyan, Sholeh Wolpe, Nathalie Handal, Azar Nafisi, Dima Hilal, Tony Kranz, Jordan Elgrably, devorah major, Suzy Malcolm, Ibrahim Nasrallah, Rick London, Sarah Menefee, Roberto Harrison, Fadhil Al-Azzawi, Amaranth Borsuk, Lamees Al-Ethari, Shayma' al-Saqr, Meena Alexander, and Jim Natal.

To Have Or To Be? Erich Fromm 2013-06-27 To Have Or to Be? is one of the seminal books of the second half of the 20th century. Nothing less than a manifesto for a new social and psychological revolution to save our threatened planet, this book is a summary of the penetrating thought of Eric Fromm. His thesis is that two modes of existence struggle for the spirit of humankind: the having mode, which concentrates on material possessions, power, and aggression, and is the basis of the universal evils of greed, envy, and violence; and the being mode, which is based on love, the pleasure of sharing, and in productive activity. To Have Or to Be? is a brilliant program for socioeconomic change.

You Can Fly Carole Boston Weatherford 2016-05-03 This history in verse celebrates the story of the Tuskegee Airmen: pioneering African-American pilots who triumphed in the skies and past the color barrier.

The Winged Energy of Delight Robert Bly 2009-10-06 Robert Bly had always been amazingly prescient in his choice of poets to translate. The poetry he chose supplied qualities that were lacking from the literary culture of this country. For the first time Robert Bly's brilliant translations, from several languages, have been brought together in one book. Here, in *The Winged Energy of Delight*, the poems of twenty-two poets, some renowned, others lesser known, are brought together. At a time when editors and readers knew only Eliot and Pound, Robert Bly introduced the earthy wildness of Pablo Neruda and Cesar Vallejo and the sober grief of Trakl, as well as the elegance of Jiménez and Tranströmer. He also published high-spirited versions of Kabir and Rumi, and Mirabai, which had considerable influence on the wide culture of the 1970s and 1980s. Bly's clear translations of Rilke attracted many new readers to the poet, and his versions of Machado have become models of silence and depth. He continues to bring fresh and amazing poets into English, most recently Rolf Jacobsen, Miguel Hernandez, Francis Ponge, and the nineteenth-century Indian poet Ghalib. As Kenneth Rexroth has said, Robert Bly "is one of the leaders of a poetic revival which has returned American literature to the world community."

The Way of the Sufi Idries Shah 2004 Sufism, the mystical aspect of Islam, has had a lasting effect on the literature of that religion. Its teachings aim at perfecting the human mind. This is an anthology of Sufi writings which form an introduction to this body of thought.

Persian Sufi Poetry J. T. P. de Bruijn 2014-01-14 Focuses on the poems rather than on their authors. Surveys the development of Persian mystical poetry, dealing first with the relation between Sufism and literature and then with the four main genres of the tradition: the epigram, the homiletic poem, love poetry and symbolic narrative.

Amrita-Imroz, a Love Story Uma Trilok 2006 When I Wrapped Myself With Your Being Our Bodies Turned Inwards In Contemplation Our Limbs Intertwined Like Blossoms In A Garland Like An Offering At The Altar Of The Spirit Our Names, Slipping Out Of Our Lips, Became A Sacred Hymn . . . (From *Adi Dharam* By Amrita Pritam) Acclaimed As The Doyenne Of Punjabi Literature, Amrita Pritam Received Many Awards, Including India S Highest Literary Award, The Jnanpith, In 1981. Born In Gujranwala, Now In Pakistan, In 1919, She Came To India After The Partition Of The Subcontinent In 1947. Her Best-Known Work Is A Classic Poem, Addressed To The Great Eighteenth-Century Sufi Poet Waris Shah, In Which She Laments The Carnage Of Partition And Calls On Him To Give Voice From His Grave. Amrita Met Imroz, A Well-Known Artist, In The 1960S And They Became Lifelong Companions. They Stayed Together For More Than Forty Years, Till Her Death, After A Long Illness, In October 2005. Amrita Imroz: A Love Story Offers Living Glimpses Of The Sacred Hymn Of Amrita Pritam And Imroz S Life Together. Uma Trilok Had The Rare Opportunity To Witness Their Remarkable Love Story And The Passionate Bond That They Shared For So Many Years. In This Moving Tribute She Communicates Her Sense Of

Deep Wonder At Their Unique And Unconventional Relationship, As Also Her Profound Admiration For The Creative Energy Of These Two Extraordinary Individuals.

Thoughtful Intelligence: a Practical Guide for Moral

Development Musarrat Jabeen Ph.D 2018-10-20 'Thoughtful Intelligence: A Practical guide for Moral development,' is a book for training the mind-set to eradicate self and social incompatibilities to enhance the goodness in the system of humanity. Thoughtful intelligence is the higher order of thinking to train the mind-set to produce intentions and actions. Thoughtful intelligence can be struggled for and acquired. It is comprised of capacity to understand and realize the impact of one's thoughts, words and actions on others' (individuals', groups', and nations') survival, dignity and development in time (days, weeks, months or years) and space (geographical land with or without human beings). The book has been vetted by 70 students and 7 faculty members from NDU, COMSATS, NUST and LUMS, to validate its readership based on interest and length of the content to bring about a sustainable change in the mind-sets to grow morals. 85% results of the process found the book attractive to get space on front of studies.

The Love Poems Of Rumi Deepak Chopra 2008-09-04 Born Jalal ad-Din Mohammed Balkhi in Persia early in the thirteenth century, the poet known as Rumi expressed the deepest feelings of the heart through his poetry. This volume consists of new translations edited by Deepak Chopra to evoke the rich mood and music of Rumi's love poems. Exalted yearning, ravishing ecstasy, and consuming desire emerge from these poems as powerfully today as they did on their creation more than 700 years ago. 'These poems reflect the deepest longings of the human heart as it searches for the divine. They celebrate love. Each poetic whisper is urgent, expressing the desire that penetrates human relationships and inspires intimacy with the self, silently nurturing an affinity for the Beloved. Both Fereydown Kia, the translator, and I hope that you will share the experience of ravishing ecstasy that the poems of Rumi evoked in us. In this volume we have sought to capture in English the dreams, wishes, hopes, desires, and feelings of a Persian poet who continues to amaze, bewilder, confound, and teach, one thousand years after he walked on this earth' - Deepak Chopra

A Sloth's Guide to Mindfulness Ton Mak 2018-07-17 It's OK to slow down. Take a pause and focus on your breath. Let the other animals run around, you do you. Follow a serene and smiley sloth through a series of light meditations and daily reflections with this unexpected and snuggable guide. From simple breathing exercises and guided visualizations to the benefits of chewing your leaves slowly and staying present while hanging from a tree, this little illustrated book of mindfulness will help readers discover the path to a peaceful, philosophical life. With playful advice and delightfully charming illustrations, this no-sweat approach to enlightenment is a sweet reminder to take it slow and smile.

A Year with Rumi Coleman Barks 2009-10-13 Coleman Barks has played a central role in making the Sufi mystic Rumi the most

popular poet in the world. A Year with Rumi brings together 365 of Barks's elegant and beautiful translations of Rumi's greatest poems, including fifteen never-before-published poems. Barks includes an Introduction that sets Rumi in his context and an Afterword musing on poetry of the mysterious and the sacred. Join Coleman Barks and Rumi for a year-long journey into the mystical and sacred within and without. Join them in recognizing and embracing the divine in the sublime, in the ordinary, and in us all.

The Friendship Poems of Rumi Rumi 2020-09-15 The Friendship Poems of Rumi is an elegantly illustrated gift book of the famous Rumi's poems, translated by Nader Khalili, that center on the meaning of friendship and its many beautiful meanings. *Ain ul Faqr* Sultan ul Arifeen Sultan Bahoo 2016 *Ain-ul-Faqr* (the soul of Faqr) is the most popular book by the eminent Saint of Sub-continent Hazrat Sakhi Sultan Bahoo. This subtle book contains spiritual lessons for all the common and special seekers of Allah whether they are at initial, middle or final level. It invites every Muslim towards the closeness, vision and union of Allah, hence achieve the main objective of life and religion. Sultan Bahoo beautifully uses verses of Quran, Hadiths and sayings of other Saints to endorse his words, which makes the seekers of Truth, believe and follow his sayings spontaneously. The marvel of this miraculous book is that it spiritually elevates its readers just by reading it with faith and true devotion. It diverts one's attention from the wishes of transitory wealth and honour of this mortal world towards the treasures and honour of closeness of Allah in the hereafter. Sultan Bahoo also suggests the keys to this treasure and honour i.e. the zikr of Ism-e-Allah Zaat and guidance of Murshid Kamil. It is ensured that whoever reads this book with true intention to find the Reality, will surely be blessed with the accomplishment of his objective. For Free Download kindly visit: <http://sultanulfaqrpublications.com/publications.php> For Buying: Address: Sultan-ul-Faqr Publications: 4-5/A Extension Education Town Wahdat Road Lahore, Pakistan Phone: +9242 35436600

Sufi Music of India and Pakistan Regula Qureshi 1986 Qureshi's study carefully describes and documents the performance and rules of Qawwali music in the traditional Sufi assembly.

The Essential Rumi Jalāl al-Dīn Rūmī (Mawlana) 1999 Rumi the Persian poet is widely acknowledged as being the greatest Sufi mystic of his age. He was the founder of the brotherhood of the Whirling Dervishes. This is a collection of his poetry.

Ghazals of Ghalib Aijaz Ahmad 1995-02-16 This imaginative approach to the work of the Urdu poet Ghalib (1797-1869) presents highly original renderings, made by seven well-known American poets, of Ghalib's ghazals.

Rumi Essays Rasoul Shams 2016-09-17 Mawlana Jalaluddin Rumi, a 13th-century Persian Sufi poet, is one of the most widely-read poets today. This volume offers a comprehensive package of information and reflections on Rumi's life, poetry, and vision draws on original works in Persian including Rumi's own poetry and historical texts.